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Compréhension orale niveau A2

Jane on the pros and cons of uniforms

If you ask pupils whether they like wearing a uniform, many will say they don't because teenagers often don't like conforming, having to follow a certain dress code, being all the same, not being able to express their own personality in their clothing.

However, most parents, and I must admit a lot of pupils too, do believe wearing a uniform is a good thing. Social classes and backgrounds are blended together. They're no longer visible. Rich and poor pupils have to dress the same. So everyone looks equal.

Secondly, the very fact everyone's dressed the same, pupils have a sense of belonging, a kind of teen spirit. This is especially notable when different schools meet up for sports competition and such like. Each school team has their own sports uniforms too.

Compréhension orale niveau B2(audio, 1)

Hi, I'm Karen Quinn, the testing mom.

When your child starts school, he will be expected to listen to whatever the teacher is saying, answer her questions and follow her directions. This is the way every classroom in the world functions.

Teaching your child to listen does not have to be a boring chore. It can be as much fun as playing a game of red light / green light. Other traditional games like Simon Says, Mother may I or Marco Polo are also terrific for teaching children to listen and pay attention to what's being said.

Here's another fun game you can play that will teach your child to listen and pay attention. Make up a silly scenario and then ask your child a question about it. Kids cannot get enough of this game and it really helps them learn to listen carefully.

And guess what ! Playing listening games prepares your tot for kindergarden testing. That's why listening and following directions is a skill that is commonly measured on intelligence tests. This type of test is actually assessing how well your child listens so the questions cannot be repeated. If you want to prepare your child for kindergarden testing and success, make sure that you play a lot of listening games together. I'm Karen Quinn the testing mom, preparing your child for all of life's tests.

Compréhension Orale 2 niveau B2(audio2)

ACTIVE LISTENING : HOW TO BE A GREAT LISTENER

Many of us don't listen to other people. Instead we just think and wait for our turn to express our own opinion. Take a step back and look at your colleagues' conversations. It's likely it will look more like two monologues where everyone tells about themselves! The cure for it is active listening. It's a very powerful skill : it brings people closer, builds trust and helps people to open up. Here are five steps on how to do it :

- one. Stay focused, keep natural eye-contact, don't judge and be patient,
- two. Really listen : don't think about your similar experiences and what you should tell next,
- three. Allow for periods of silence, wait till the other person speaks again,
- four. From time to time, repeat the other person's words or paraphrase it back to them : it will reassure that you really listen and encourage them to open up,

- five. Understand the emotions behind the words. When you paraphrase, also try to express the other feelings back to them.

Active listening is rather difficult and can be more tiring than talking itself. Be prepared for long conversations. On the other hand, you will gain trust and people will simply like to spend time with you. You will also understand them much better. At the beginning, try it with your pals or a good friend. You'll see how great they feel after talking to you.

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